



**ATK-12/0297
Activity Tracker
Sports Band**



**INSTRUCTION MANUAL
PLEASE READ ALL INSTRUCTIONS CAREFULLY
AND RETAIN FOR FUTURE USE**

Getting Started

- Remove the device from the box.
- Remove any packaging from the product.
- Please retain all packaging until you have checked and counted all the parts and the contents against the parts list.

Package Contents

- Activity Tracker Sports Band
- Instruction Manual

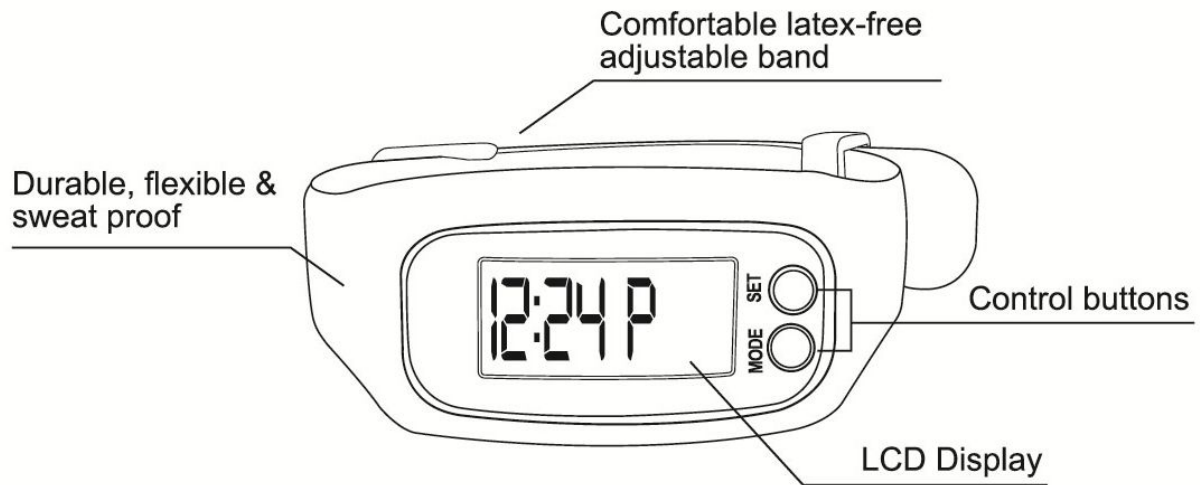
Key Features

- Pedometer (Counts your steps & distance)
- Tracks calories burned
- LCD Display
- Displays Time
- Adjustable band
- Sweatproof and Durable
- Free App supported by iOS and Android Play Store
- View your data on mobile screen to monitor your progress & set goals

SAFETY INSTRUCTIONS

- Keep the unit away from extreme heat sources or fire.
- Do not use the unit if it has been dropped or damaged in any way.
- Repairs to electrical equipment should only be performed by a qualified electrician. Improper repairs may place the user at serious risk.
- Keep the unit free from dust, lint etc.
- Do not use this unit for anything other than its intended use.
- Keep the unit out of reach of children.
- This appliance is not a toy.
- Batteries (battery pack or batteries installed) shall not be exposed to excessive heat place, such as sunshine, fire or the like.

Description of Parts



How to wear the Activity Tracker Sports Band?



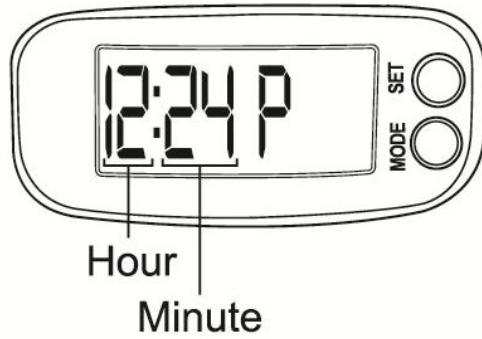
Use the adjustable band to wear on your wrist.

Note: The adjustable band is made of sweatproof silicon material.

Instructions for use

Time setting

1. Press "MODE" button to the time display, then press "SET" button for 3 seconds.
2. Press "MODE" button to adjust hour, then press "SET" button to confirm.
3. Press "MODE" button to adjust minute, then press "SET" button to confirm.



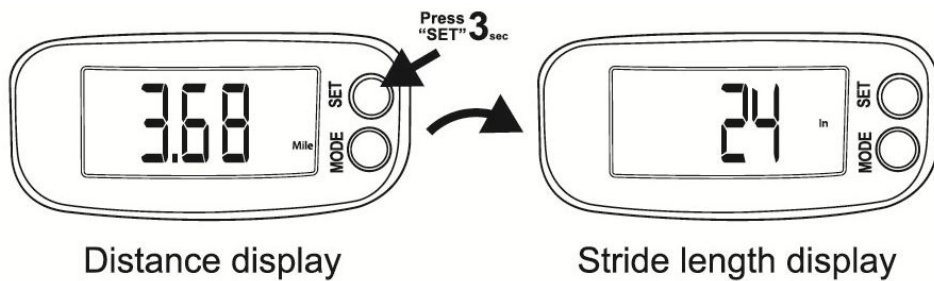
Track Steps

1. Press "MODE" button to reach the steps walked section on the display.
Note: Tracker automatically begins capturing data once movement occurs.
2. Press "SET" button to reset step counting to zero.



Input Stride Length

1. Press "MODE" button to reach the distance section on the display, then press "SET" button for 3 seconds.
2. Press "MODE" button to input your stride length.
Note: The range of stride length is from 10 to 80 inches with 2 inches increase per interval (or 30cm to 200cm with 5cm increase per interval).
3. Press "SET" button to confirm your stride length.



Measure stride length:

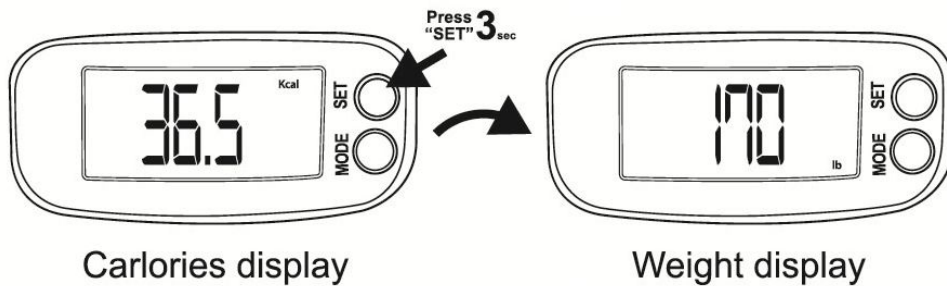
1. Take a walk with Tracker
2. Count your steps (at least 20 steps)
3. Divide the total distance (inch) taken by the number of steps to get your stride length.

Input Weight

1. Press "MODE" button to reach the calories section on the display, then press "SET" button for 3 seconds.
2. Press "MODE" button to input your weight.

Note: The range of weight is from 70 to 250 lb with 5 lb increase per interval (or 30Kg to 120Kg with 2Kg increase per interval).

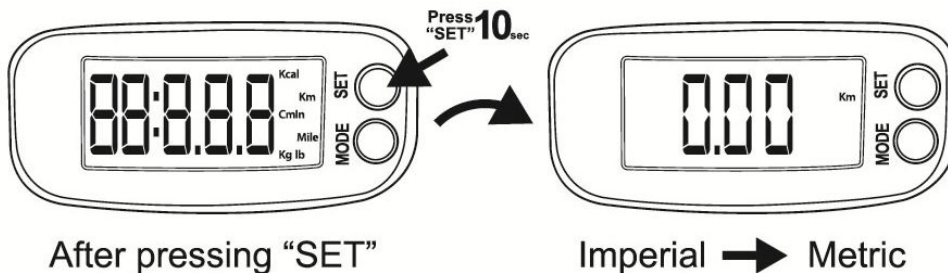
3. Press "SET" button to confirm your weight.



Unit Setting

1. Press "MODE" button for 10 seconds to change unit of measurement (example from miles to kilometres etc.)

Note: After changing unit setting, the steps walked and calories burned will be reset to zero.



Using the free App to keep your tracker record

Install APP on your Smartphone / Tablet

For Smartphone & Tablet users – For iOS & Android users – search for "Accelerate Activity Tracker".

App Icon is as below –



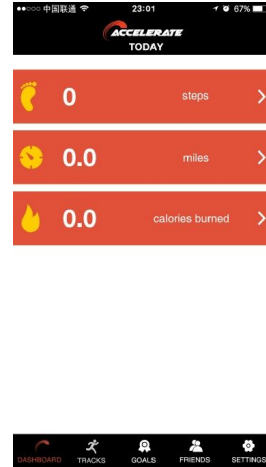
Supported iOS Devices (OS 8.0 and above) – iPhone 4S iPhone 5S/5C/5/4S iPod Touch (5 th Generation) iPad 5th/4th/3rd gen, iPad Air iPad Mini	Supported Android Devices (OS 5.0 and above) – Samsung Galaxy S4/S5/S6 or later Samsung Galaxy NOTE 4/5 Nexus 5
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Note: Please ensure that you're using appropriate versions on Operating Systems. For Android OS please use version 5.0 or above, and iOS please use Version 8.0 or above.

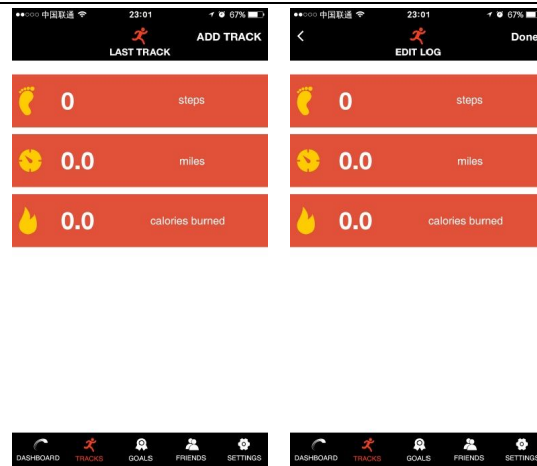
For First time setting up the App on your device, follow below steps –

Step 1: Open the App, and tap “SIGN UP” to create your new account for the 1 st time for recording.	
Step 2: Key-in your personal information and tap “SIGN UP” to save.	

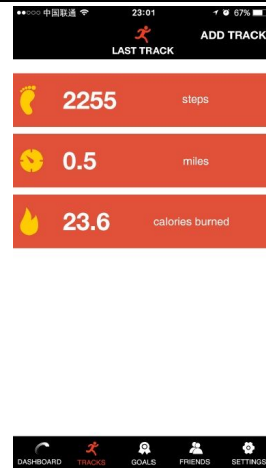
Step 3: It will show '0' step data initially.



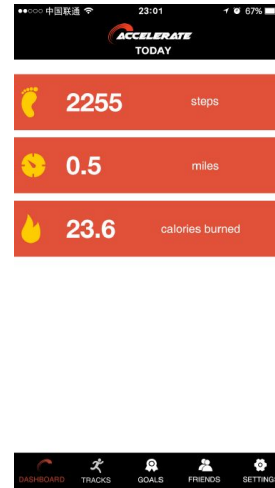
Step 4: Tap "TRACKS" and then "ADD TRACK" to add your (last) step data showing on Activity Tracker Sports Band to your record file.



Step 5: Type in the data from the Activity Tracker Sports Band display and then tap "Done".



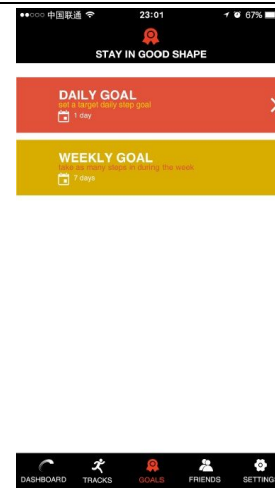
Step 6: The latest data will combine with the previous data to show your total record.


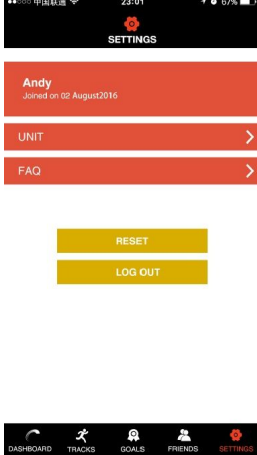


Step 7: On DASHBOARD page, tap “steps”, “miles” (or “km”) & “calories burned” respectively to see your previous corresponding record each day.



Step 8: On “GOALS” page, tap “DAILY GOAL” to set your everyday target of number of steps.



<p>Step 9: On “FRIENDS” page, you can check your friends’ data.</p>	
<p>Step 10: On “SETTINGS” page, you can check/edit your profile, tap “UNIT” to change unit of measurement, and tap “FAQ” to learn more about the App.</p>	

REMARK: Every time you finish adding your latest data on the App each time, please remember to reset your Activity Tracker Sports Band to ‘0’ step counting value, in order to record for it to count your next set of step. And when you enter this data on the App it will automatically combine with your previously entered data from the same day, in order to show your overall data for that day.

Battery Replacement

When inside battery is drained, replace battery as below:

1. Unscrew and release the back cover of the unit by a screwdriver (not included).
2. Replace with a new AG10 battery inside the unit, as per the indicated polarity.
3. Replace the back cover and secure with the 2 screws.

Specifications –

Length: 9.9 inches (with the adjustable band)

Width: 1 inch (with the adjustable band)

Depth: 0.6 inch (with the adjustable band)

Weight: 1.1 oz (with the adjustable band)

Power: 1x1.5V AG10 battery

Battery service time: Approximately 1 year (subject to individual usage and handling)

Care and maintenance

Read the following recommendations before using the product.

- Don't use abrasive cleaning solvents to clean the unit.
- Do not expose the unit to extremely high or low temperature as this will shorten the life of electronic devices, destroy the battery or distort certain plastic parts.
- Don't dispose of the unit in fire as it will result in an explosion.
- Don't expose the unit to contact with sharp objects as this will cause scratches and damage.
- Don't let the unit fall on the floor. The internal circuit might get damaged.
- Don't attempt to disassemble the unit as it may get damaged if you are not professional.

LIMITED WARRANTY

This manufacturer's product warranty extends to the original consumer purchaser of the product. Neither the retailer nor any other company involved in the sale or promotion of this product is a co-warrantor of this manufacturer warranty.

WARRANTY DURATION: All materials and workmanship are warranted to the original consumer purchaser for a period of ninety (90) days from the original purchase date.

WARRANTY COVERAGE: This product is warranted against defective materials or workmanship. This warranty is void if the product has been damaged by accident, in shipment, unreasonable use, misuse, neglect, improper service, commercial use, repairs by unauthorized personnel or other causes not arising out of defects in materials or workmanship. This warranty doesn't cover the following which may be supplied with this product, including but not limited to; LCD Screens, glass parts, lenses, bulbs etc. This warranty is effective only if the product is purchased and operated in USA and Canada, and does not extend to any units which have been used in violation of written instructions furnished by manufacturer or to units which have been altered or modified or, to damaged products or parts thereof which have had the serial number removed, altered, defaced or rendered illegible.

WARRANTY DISCLAIMERS: This warranty is in lieu of all warranties expressed or implied and no representative or person is authorized to assume for manufacturer any other liability in connection with the sale of our products. There shall be no claims for defects or failure under any theory of tort, contractor commercial law including but not limited to, negligence, gross negligence, strict liability, breach of warranty and breach of contract. Under no circumstances will Manufacturer's / Distributor's maximum liability exceed the retail value of the product.

WARRANTY PERFORMANCE: During the above 90 day warranty period, a product with a defect will be either repaired or replaced with a reconditioned comparable model (at manufacturer's option). The repaired or replacement product will be in warranty for the balance of the 90 day warranty period and an additional one-month period. No charge will be applicable for such repair or replacement.

SERVICE AND REPAIR: If service is required for this product, you should first contact Midwest Trading Group Customer Service at info@mtradinggroup.com or by calling 1 (866) 815-4714, Monday to Friday 10am to 6pm EST.

NOTE: Manufacturer cannot assume responsibility for loss or damage during incoming shipment. As a precautionary measure, carefully package the product for shipment, and insure it with the carrier. Be sure to enclose the following details with the product: your full name, return address and daytime phone number, a note describing the problem you experienced, a copy of your sales receipt or other proof of purchase to determine warranty status. C.O.D. shipments cannot be accepted.